



# Charity Commissioners Annual Report

April 2021 – March 2022

Norfolk LGBT+ Project is a registered charity, providing support, information and advice to all age groups that is relevant to the health and wellbeing of the lesbian, gay, bisexual and transgender community in Norfolk and Waveney since 2007.



*With a collective understanding of each other,  
we can change the world through people*

## **Norfolk LGBT+ Project**

### **Trustees' Report for the year ending 2022**

The trustees present their report and the audited financial statements for the year ended 31 March 2022.

### **Charity Number**

1129770

### **Registered Office**

10 Cathedral Street Norwich Norfolk NR1 1LX

### **Trustees**

The trustees who served during the year and up to the date of this report were as follows: Sandra Cross, Travis Britton, Iain Green and Juels Copley.

### **Chief executive officer**

Fiona Liew-Bedford

### **Bankers**

Barclays Bank Leicester LE87 2BB

### **Independent examiners**

ADP Accounting Ltd, 19 Farrow Close, Mattishall, Norfolk, NR20 3SZ



## **Our vision**

To continue providing support, information, and advice relevant to the health and wellbeing of LGBT+ individual in Norfolk and Waveney.

## **Our mission**

Norfolk LGBT+ Project's continued mission is to improve the health, mental health and wellbeing of LGBT+ people of all ages and communities in Norfolk and Waveney. We want to bring supportive, empowering, and non-judgemental services to people's lives to enable them to improve their wellbeing. We also aim to assist others in providing support to LGBT+ communities through our informative services, educational tools, and resources.

Our services are for the community, by the community, and we champion the importance of local service provision that is informed, effective and compassionate. We hope together we can make a difference, working towards an inclusive society for all those we support and represent.

## **Our values**

CARE – Compassion. Authenticity. Respect. Empathy.



# Summary of the main services provided

The main activities of the charity are to advise, assist, inform and support any person in doubt or experiencing difficulty related to their sexuality or gender identity. We achieve this by providing one to one support to all age groups, LGBT+ drop-in groups, a low-cost counselling service and parent/carer support.



## LGBT+ Awareness training

To provide the best outcome for our clients, working in partnership with other organisations is key to our work, not only via referrals but also providing LGBT+ Awareness training, the aim of this is to help support LGBTQ+ staff, service users, volunteers, friends and family and communicate a clear message of inclusivity. Our LGBTQ+ Awareness training sessions help individuals and organisations better support LGBTQ+ people. Our LGBTQ+ Awareness Course is accredited (CPD) and will contribute to staff's continued professional development. Staff can use their hours trained for CPD points as stated on their certificate of completion.

*'Amazing, a credit to Norfolk'*

During this year, we provided training to 498 Individual's from 26 different organisations ranging from healthcare, businesses and third sector.

Our staff provided training to 913 staff under the Educating with Pride service, we also worked alongside 127 LGBTQ+ pupils during LGBTQ+ lunch time groups to help produce resources, we also presented our Think B4U Bully workshop to 180 pupils and attended a wellbeing event with 1600 pupils attending.

During 2021 – 2022, we provided direct one to one support to 693 individuals, 40 individuals accessed our low-cost counselling service, 122 individuals accessed our drop-in groups, 47 parents/carers support, 127 pupils via LGBTQ+ lunch time groups – a total of 1,029 individuals.

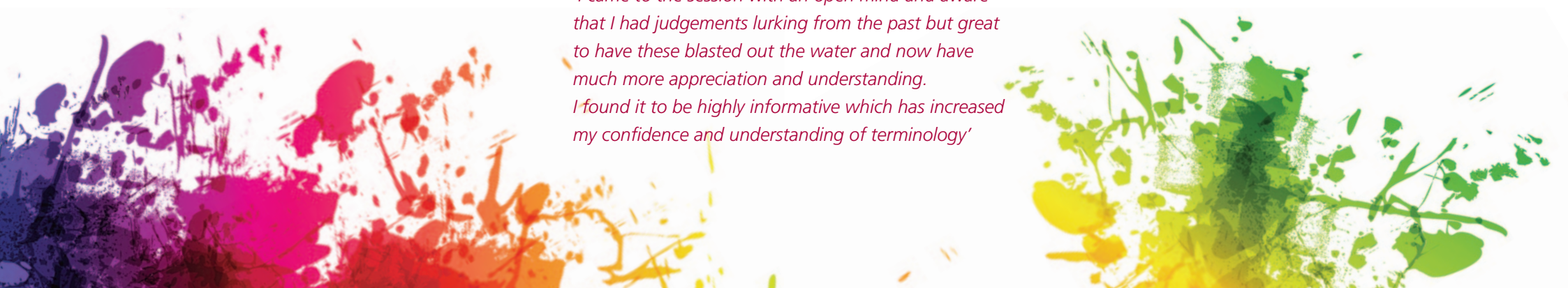
*'I came to the session with an open mind and aware that I had judgements lurking from the past but great to have these blasted out the water and now have much more appreciation and understanding. I found it to be highly informative which has increased my confidence and understanding of terminology'*



## Educating with Pride

Currently funded by The National Lottery Community Fund, we are extremely proud of the work that we have achieved by working with places of education in Norfolk and Waveney, making a difference is important to us and we exceeded our expectations of signing up schools to our Educating with Pride school service. 43 schools signed up during the year

*'I'm really grateful we had this training. I feel more confident in talking about LGBT+ and hope that I will be good at supporting any students who need help. I also feel better about knowing how to correct myself if I get things wrong. It raised some interesting discussions within our team'*





[www.norfolkproject.org.uk](http://www.norfolkproject.org.uk)

10 Cathedral Street • Norwich • Norfolk • NR1 1LX  
Registered Charity No. 1129770